

## Contact

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## Top Skills

Therapists

Occupational Therapy

Rehabilitation

# Camila Chaplin

Director at ULOT Southwest Ltd  
United Kingdom

## Summary

Qualified as a specialist in 2012.

Registered Paediatric Occupational Therapist with a passion for assisting individuals to reach their personal goals and full potential. Ambitious and determined with a friendly, calm personality.

Special interests: Upper limb rehab, splinting, CIMT.

Experience of working with children with a range of difficulties including neurological, developmental and genetic conditions and acquired injuries, supporting them in reaching their potential and independence at home, school and in the community.

'Every day as a paediatric OT brings a new and exciting challenge with no two days being the same. I thrive in all aspects of this; the variety, unpredictability and constant need for flexibility within the team and with each individual case. During my experience as an NHS clinician and also as a private therapist, I have developed a range of specialist, lifelong skills. As a result, I am able to demonstrate numerous attributes which are invaluable for me as a professional seeking to further their specialist skills, clinical practice and higher responsibilities.' Examples include:

- Lead clinician in children's hand clinic (NHS Cornwall)
- Various service development projects including a pilot for Constraint Induced Movement Therapy, Paediatric Upper Limb Kinesiology Taping, Hemiplegia Clinic, Lone Working Policy, Central Resource Library
- Responsibility of patients in the Isles of Scilly
- Delivering monthly Sensory Processing training workshops to parents/caregivers & schools

'Feedback from colleagues has been positive, showing that as well as commitment and leadership, I have a great track record of

building and maintaining positive and professional relationships. I'm also known for organising team building events, which I feel is crucial in maintaining strong, productive and enjoyable working relationships, for efficient and effective team work.

My three passions are yoga, journaling and adventure. All three of these hobbies feed into my work ethic and professionalism; yoga has helped me to maintain a strong focus, with the ability to effectively follow instruction but to be creative at the same time. My daily journal entries which I've kept for over 15 years, contributes to my reflective practice which is imperative for sound clinical reasoning and evidence based practice. Adventure, be it sailing a tall ship from Monaco to Gibraltar or climbing Mt Kilimanjaro, demonstrates my determination, organisational skills and commitment but also shows I'm willing to take calculated risks due to the 'fear of the unknown'.

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## Experience

ULOT Southwest Ltd

Director

December 2021 - Present (2 months)

Cornwall, England, United Kingdom

Upper Limb Occupational Therapy South West

Specialising in treatment and rehabilitation of children with conditions affecting the hands and upper limb. This includes genetic disorders, acquired brain injury, neurological, neuro-developmental, neuro-muscular conditions and/or atypical development and/or disabilities.

NHS

Paediatric Community Occupational Therapist

November 2013 - Present (8 years 3 months)

NHS Cornwall

Specialist Paediatric Occupational Therapist

Health and Care Professions Council (HCPC) no: OT65776

· Delivering assessments and interventions in the community to children and young people who present with neurological, neuro-developmental, neuro-muscular conditions, atypical development and/or disabilities. Conditions

vary from developmental delay, learning disabilities, motor and/or sensory difficulties, Autism Spectrum Disorder and complex physical disabilities.

- Assessment/provision of specialist equipment, completing moving & handling and risk assessments, assessing functional and sensory needs and working together with parents, education settings and carers to enable children to manage these needs and promote their functional skill development, occupational engagement, performance, and independence with activities of daily living.
- Delivering a course of activities and interventions designed to increase or maintain range of movement, coordination, functional skills and/or sensory awareness as well as assessments and referrals to the Autistic Spectrum Disorder Assessment Team.
- Clinical lead for CCTS specialist monthly Hand Splinting Clinic for children with complex physical difficulties in Cornwall.
- Supporting with recruitment & selection and delivering formal clinical supervisions with junior staff, supporting, mentoring and reporting back to our team lead as necessary.
- Delivering monthly Sensory Processing workshops for parents and education settings.
- Specialist skills & knowledge, evidence based practice and clinical reasoning.

#### Courses/Training:

CIMT, Sensory Integration Module 1, Introduction to Bobath, Upper Limb Splinting for Children and Young People, 'a Paediatric Conference on Chronic Fatigue Syndrome, Hypermobility, Neonates, Orthopaedic Case Reviews', Spinal Dorsal Rhizotomy study day, Recognising Neuromuscular Disorders in Children, Rebound Therapy, Practice Educator training, Recruitment & Selection training.

#### Islington Council

Occupational Therapist/Teaching Assistant

November 2012 - October 2013 (1 year)

Registered Occupational Therapist.

Health and Care Professions Council (HCPC) no: OT65776

Based at a special school in North London for children with additional needs.

Private work was also carried out for a child with additional needs at his home, employing Occupational Therapy skills to continue with ongoing therapy and promote independence/maximum potential. Also contributed to dietetics, speech and language therapy, physiotherapy and rebound therapy. Well versed with Bobath approach and use of eye gaze technology as well as use of complex equipment and adaptations.

Mölnåls stad

Occupational Therapist

2012 - 2012 (less than a year)

Internship at Mölnåls Hospital, Sweden. Worked in hand therapy, medical, geriatrics & orthopaedics

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## Education

Cardiff University / Prifysgol Caerdydd

Bachelor of Science (BSc), Occupational Therapy/Therapist · (2009 - 2012)